



SEPTEMBER 2021



MONDAY 6TH, SEPTEMBER	TUESDAY 7TH, SEPTEMBER	WEDNESDAY 8TH, SEPTEMBER	THURSDAY 9TH, SEPTEMBER	FRIDAY 10TH, SEPTEMBER
GREEN SALAD SPAGHETTI BOLOGNAISE FRUIT	GAZPACHO SPANISH OMELETTE WITH LETTUCE AND CUMCUMBER DRINKING YOGHURT	GREEK SALAD COD FILLET IN BATTER, WEDGES & VEGETABLES SEASONAL FRUIT	MIXED SALAD HOMEMADE CHICKEN CURRY WITH RICE ICE CREAM	CARROTS & CUCUMBER IRISH BEEFBURGER IN A BUN WITH CHIPS FRUIT
MONDAY 13TH, SEPTEMBER	TUESDAY 14TH, SEPTEMBER	WEDNESDAY 15TH, SEPTEMBER	THURSDAY 16TH, SEPTEMBER	FRIDAY 17TH, SEPTEMBER
MIXED SALAD LASAGNE WITH GARLIC BREAD FRUIT	DICED TOMATOES ROAST TURKEY, ROAST POTATOES, VEGETABLES & GRAVY YOGHURT	PASTA SALAD HAKE & POTATO BITES WITH SALSA, WEDGES AND VEGETABLES FRUIT	GREEN SALAD CHILI CON CARNE WITH RICE ICE CREAM	RUSSIAN SALAD MARGARITA PIZZA & CHIPS FRUIT
MONDAY 20TH, SEPTEMBER	TUESDAY 21ST, SEPTEMBER	WEDNESDAY 22ND, SEPTEMBER	THURSDAY 23RD, SEPTEMBER	FRIDAY 24TH, SEPTEMBER
MIXED SALAD PASTA CARBONARA WITH TURKEY FRUIT	CUCUMBER & TOMATO SALAD HOMEMADE COTTAGE PIE WITH GARDEN PEAS NATILLAS/CUSTARD	GAZPACHO COD FILLETS IN BATTER, WEDGES AND VEGETABLES FRUIT	GREEN SALAD CHICKEN & VEGETABLE WRAPS WITH PIPIRANA ICE CREAM	PASTA SALAD CHICKEN & TURKEY HOT DOGS WITH CHIPS FRUIT
MONDAY 27TH, SEPTEMBER	TUESDAY 28TH, SEPTEMBER	WEDNESDAY 29TH, SEPTEMBER	THURSDAY 30TH, SEPTEMBER	FRIDAY 1ST, OCTOBER
MIXED PEPPER SALAD SPAGHETTI WITH MEATBALLS FRUIT	MIXED SALAD CHICKEN PAELLA RICE PUDDING	CHICKEN NOODLE SOUP HAKE & POTATO BITES WITH SALSA, WEDGES AND VEGTABLES FRUIT	DICED TOMATOES BEEF BURRITOS & RICE ICE CREAM	CARROT & CUCUMBER STICKS FRIED EGGS,CHIPS & BEANS FRUIT

NO PORK PRODUCTS ARE USED IN THIS MENU. ----- VEGETARIAN MENU IS AVAILABLE UPON REQUEST.

AVAILABLE ON A DAILY BASIS:

****1 COURSE OPTION IS THE MAIN COURSE ONLY.**

***ALL 3 COURSE MEALS INCLUDE WITH FIRST COURSE, MAIN COURSE, WATER, WHITE/BROWN BREAD & DESSERT**

PLEASE INFORM THE OFFICE OF ANY SPECIAL DIETARY NEEDS